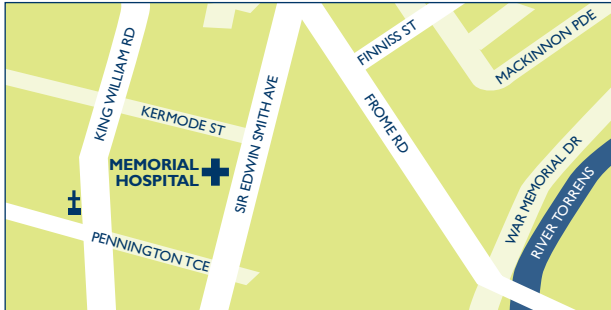
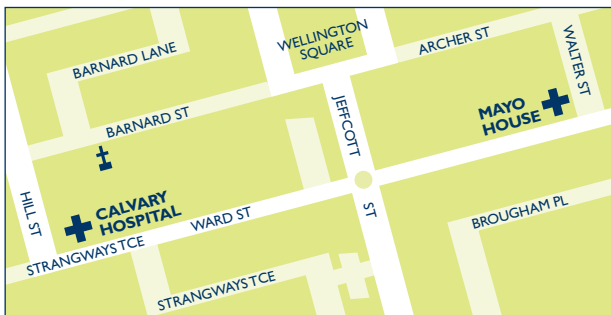


## Locations and opening hours



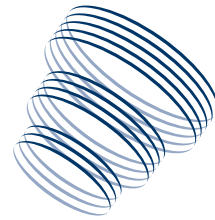
The Memorial Hospital rooms (Sir Edwin Smith Avenue, North Adelaide, **(08) 8402 0282**) are open from 8.00am to 8.00pm on weekdays. Ticket parking is available on-street on Sir Edwin Smith Avenue, as well as on Pennington Terrace. There is a parking station off Kermode Street.



The Calvary Hospital rooms (Strangways Terrace, North Adelaide, **(08) 8402 0262**) are open from 8.00am to 5.00pm on weekdays.

Free on-street parking is available.

*Please bring all your previous X-rays and scans with you to your appointment.*



radiology SA

Patient Information Handout

# Facet joint and nerve root injection



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### What are facet joint and nerve root injections?

A needle is placed into a joint in your spine called a 'facet joint', or near a nerve as it exits the spine. X-rays are used to guide the needle to the correct position. An anaesthetic and a steroid solution are injected into the area.

### How are these procedures performed?

The Radiologist (a doctor) will perform the procedure. You will need to lie flat on an X-ray table, facing down. The area on your back will be cleaned with an antiseptic and numbed with local anaesthetic.

The needle placement is guided with X-rays which may include using a CT scan. Once in position a combination of long acting anaesthetic and long acting steroid will be injected.

### Are there any risks?

There may be slight soreness or bruising at the injection site. Any other problems are considered very uncommon. You should contact your doctor or our booking staff if you experience any problems after the procedure.

### Preparation needed prior to the procedure

There is no need to fast unless your doctor has arranged sedation.

*Please inform our booking staff if you are on blood thinners such as warfarin (Marevan or Coumadin).*

*As X-rays are involved please inform our staff if you are pregnant or think you may be pregnant.*

### How long will the procedure take?

Most injections are completed within 30–45 minutes. You may need to stay with us for a short time after the procedure, particularly if you have received sedation.

### How long will the pain relief last?

Success rates vary between people. You may experience pain during the procedure which should ease as the local anaesthetic begins to work.

The steroid may take a few days to have an effect. Some people may have long term relief for months to years. Others may get no benefit.