



**Appointment date:**

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**Time:**

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**Location:**

- Calvary North Adelaide
- Calvary Central Districts
- Campbelltown Clinic
- Marion Medical Centre
- Parkside Clinic
- Port Adelaide Clinic

**Notes:**

Patient Information Handout

# Bone Mineral Densitometry

Low-dose x-rays are used to measure bone density and detect osteoporosis. Osteoporosis is a condition that often affects women after menopause but can be found in men. If your bone density is found to be low, you are at an increased risk of fracture.

The examination will take about 20 minutes. You will lie on a padded table with an x-ray generator below you, and an x-ray arm will pass over your body. It is important that you lie as still as possible during the exam. A radiographer will be seated next to you for most of the examination.

The procedure is painless and radiation exposure is minimal.

## BOOKING YOUR APPOINTMENT

Please call our friendly staff on 8402 0200. You may request a site convenient to you; otherwise the booking staff can suggest your nearest location.

## WHAT TO BRING

- Radiology referral
- Medicare card
- Healthcare/Concession card (if applicable)
- Previous relevant imaging
- Other relevant documents

## PREPARATION FOR YOUR STUDY

There is no preparation for a bone density scan.

## TIME REQUIRED

Most bone densitometry studies require 30 minutes.  
Please arrive at the time specified when you make your appointment.

