



**Appointment date:**

.....

**Time:**

.....

**Location:**

- Calvary North Adelaide
- Calvary Central Districts
- Marion Medical Centre
- North Eastern Hospital
- Port Adelaide Clinic
- Victoria Park - Dulwich
- Stirling Hospital

**Notes:**

## Patient Information Handout

# Mammography

Mammography is a specialised x-ray technique for imaging the breasts. It is utilised both to screen for breast cancer, and to investigate breast symptoms such as a lump. The breasts are gently compressed in a specialised x-ray machine to help obtain a uniform thickness and cover as much tissue as possible. Usually two views are performed per breast.

The images are then reviewed by a radiologist. If there are any findings requiring closer inspection additional views may be performed.

It is our usual practice at Radiology SA to “double-read” mammograms. This means a second radiologist reviews your images, before the report is finalised. This provides an extra level of safety to minimise any risk of an abnormality being overlooked.

### BOOKING YOUR APPOINTMENT

Please call our friendly staff on 8402 0200. You may request a site convenient to you, otherwise the booking staff can suggest your nearest location.

### WHAT TO BRING

- Radiology referral
- Medicare card
- Healthcare/Concession card (if applicable)
- Previous relevant imaging
- Other relevant documents

### PREPARATION FOR YOUR STUDY

Our staff will explain any relevant preparation with you over the phone at the time of the booking. The following preparation instructions are a reminder:

- Do not wear talcum powder or deodorant on the day of your exam.
- Wear two-piece clothing (e.g. top and pants)

### TIME REQUIRED

Most mammography studies require 30 minutes.

An additional 30 minutes will be required when an ultrasound is requested following the mammogram.

Please arrive at the time specified when you make your appointment.

