



YOUR APPOINTMENT:

Date:
.....

Time:
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LOCATIONS:

- Calvary North Adelaide
- Calvary Central Districts

RADIOLOGY SA NUCLEAR SPECIALISTS:

- Dr Paula Averbuj
- Dr Ghee Chew
- Dr Bridgid Connolly
- Dr Robert Cooper
- Dr Esber El-Barhoun
- Dr Vivian Hall
- Dr Alex Pearce

NOTES:

P: 08 8402 0200
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Patient Information Handout

Nuclear Medicine Gastric Emptying Study

A Gastric Emptying Study is performed to assess how quickly food empties from your stomach. To do this, you will be given a standard meal to eat which contains a small amount of radioactive “tracer”. The meal consists of a fried beef mince patty combined with some egg white and a cup of water that also contains some sugar. If you are vegetarian scrambled eggs may be given as an alternative to the meat patty. The tracer in the meal has no taste and no side effects.

After consuming the meal, you will be positioned in front of the scanner to take an image of your stomach, which takes 2 minutes. This image is repeated every 15 minutes for 2 hours. You must not eat or drink anything more during this time until the test is completed. You may bring a book to read or similar activity to do during the 15-minute periods between images.

This study is unsuitable for pregnant women. Breast-feeding mothers can have a Nuclear Medicine Gastric Emptying Study with no interruption to breast feeding required.

BOOKING YOUR APPOINTMENT

Please call our friendly staff on 8402 0200. You may request a site convenient to you; otherwise the booking staff can suggest your nearest location.

WHAT TO BRING

- Radiology referral
- Medicare card
- Healthcare / Concession card (if applicable)
- Previous relevant imaging
- You will need to bring a list of all medications you are taking

PREPARATION FOR YOUR STUDY

You need to fast and cease smoking for 6 hours prior to this study. This means no eating, drinking or smoking for 6 hours. Certain medications may need to be ceased prior to the study – please inform staff of what medications you take at the time of booking. You may have a small sip of water to swallow any permitted medications you are taking.

TIME REQUIRED

This test takes 2.5-3 hours to complete.

